

# WORSHIP HELPS

## WHO DO YOU SAY I AM? I AM THE GOOD SHEPHERD JOHN 14:1-7

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This can be done individually or in a group setting:

Q: How are you feeling physically, spiritually, and emotionally by completing a sentence that begins "I am . . ."

### **Opening prayer:**

Loving God, be with us in this time together, that we may more clearly see the truth of who you are and who you want us to be. Show us how to be your people no matter where we are and how we feel. We ask this in the name of Jesus, the Christ. Amen.

### **READ JOHN 14:1-7**

1. In what ways is this "I am" saying a passage that creates controversy? Do you find it controversial?
2. What does it mean to live the "Jesus way" of life?
3. What stands in the way of your walking along "the way" of Jesus?
4. How does understanding Jesus' saying, "I am the Way, the Truth, and the Life" help us to know God more fully?

### **A Prayer based on John 14**

**by Christine Jerrett**

You are the source of our life.

You have given us a wonderful world

and permeated it through and through with your grace and your love.

You have promised that you will give us your Spirit,

to be with us as we journey through this life.

Yet, we confess the many times when our eyes can't see you,

can't take you in, can't comprehend how you can be at work

in pain and disappointment and sorrow.

We need your Spirit to lift our sights to your wide horizons.

Teach us to pray with such openness to your Spirit that you make yourself plain to us.

Bring us to that place where we are willing

to place our lives in your keeping,

to submit to your life-changing love,

and to move with you into your large open spaces of salvation.

We ask these things in Jesus' name, our light and our salvation, who lives and reigns

with the Father and the Spirit in the bright glory of the holy Trinity, forever and ever.

Amen.

## **Practice: Prayer Walking**

Take a five-minute “prayer walk” around your garden or make it your daily walk for the day. Your only assignment is to walk in silence and pay attention to your surroundings and to God as you do so.

Afterwards either reflect on your own or with someone else:

1. What did you experience during your walk? In what ways did it feel like prayer?
2. Do you think you would use this way of praying regularly? Why or why not?
3. What aspect of this way of praying could you transfer to your daily life? What might carry over?

## **Prayer**

Lord our God,  
your Son Jesus Christ is to us  
the way that leads to You and to one another,  
the truth that is good news of love and hope,  
the life which He sacrificed to give it.  
Help us to show the way to Him  
and to go His way to one another,  
to speak the truth that is encouraging and credible,  
to give life by sharing happiness,  
through Jesus Christ our Lord.

## **Song Suggestions**

Still My Soul Be Still

[https://www.youtube.com/watch?v=iG9t5\\_ZNmaw](https://www.youtube.com/watch?v=iG9t5_ZNmaw)

Alone Yet Not Alone

<https://www.youtube.com/watch?v=3UR7jxvD5lc>

Christ Be In My Waking

<https://www.youtube.com/watch?v=X4emG1gHPA>

All My Days (SATB 238)

<https://www.youtube.com/watch?v=vTBJzNvVTE>

It Is Well With My Soul (SATB 741)

[https://www.youtube.com/watch?v=zY5o9mP22V0&list=RDzY5o9mP22V0&start\\_radio=1&t=15](https://www.youtube.com/watch?v=zY5o9mP22V0&list=RDzY5o9mP22V0&start_radio=1&t=15)

Lead Kindly Light

<https://www.youtube.com/watch?v=RKVz08RqzI0>

Guardian of My Heart

<https://www.youtube.com/watch?v=JAH8eSpz87w>

When We All Get To Heaven (SATB 676)

[https://www.youtube.com/watch?v=GsbFk8L4TTg&list=RDGsBfK8L4TTg&start\\_radio=1&t=83](https://www.youtube.com/watch?v=GsbFk8L4TTg&list=RDGsBfK8L4TTg&start_radio=1&t=83)